

NEWSLETTER

OA Officers Elected

The homeowners association Board of Directors have elected the following officers for the 2013 calendar year:

President: David Sager

Secretary: Randy Sands

Treasurer: Russ Craig ❖

HOA Board Members

In addition to the officers listed above, the following neighbors are At-Large members of the Board of Directors:

Jim Hanson

John O'Loughlin

Peter Schmidt

Bret Stine

Mark Wesolowski ❖

HOA Board Meetings

Regular Board of Directors meetings are held from 7:00PM to 9:00PM on the following dates: Wednesday, September 11 (Wesolowski residence) and Thursday, November 14 (O'Loughlin residence). All homeowners are welcome to attend. ❖

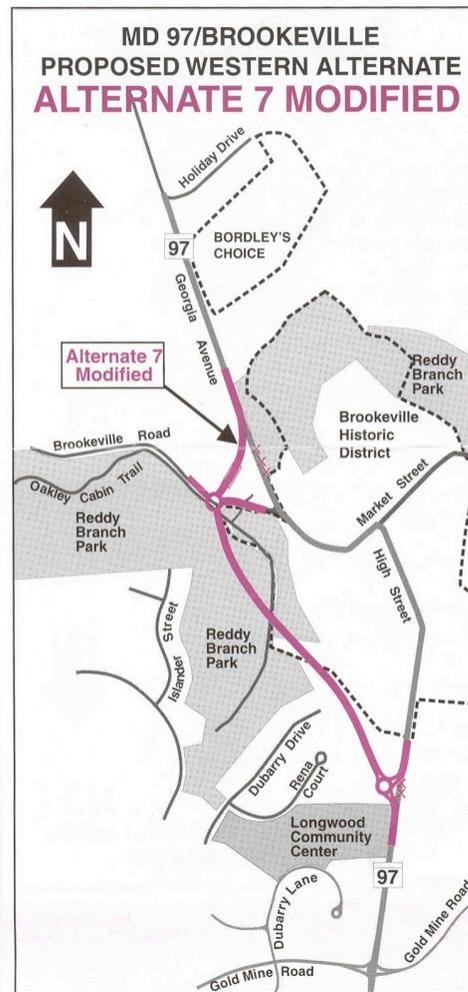
HOA Web Site

The Brookeville Farms HOA web site is located at <http://www.bfmdhoa.org/>. This site includes information pertaining to the HOA such as ARC forms, minutes from previous board meetings, current and previous newsletters, as well as contact information for board members. ❖

Brookeville Bypass

More than thirty years ago a road to bypass downtown Brookeville appeared in the Olney Master Plan. It was intended to relieve traffic in downtown Brookeville and speed traffic not destined for the town. After years of protracted, complicated, and contentious meetings, focus group meetings, public hearings, countless feasibility and consultant studies, and changing impacts of ever-shifting regulatory and

statutory requirements from wetlands to Smart Growth, in late 2002 the SHA Administrator selected Alternate 7 Modified as the desired Brookeville Bypass alignment. However, not much happened since.



You may have seen surveying crews on Georgia Avenue (MD 97) both North and South of downtown Brookeville. This is the result of funding for the bypass being included in this year's SHA (State Highway Administration) budget. The bypass project (MMO746_21) has four phases: Planning, Engineering, Right-of-way, and Construction. The

planning phase was completed at a cost of just over two million dollars. Preliminary engineering has begun with the surveying effort. It is not known when the project will be completed. ❖

Exercise And Sleep

If you're not getting enough sleep, your work will suffer the next day. If it becomes an ongoing problem, you could find yourself out of the running for promotions and opportunities that will go instead to more energetic (and well-rested) colleagues.

One solution: Work out a little every day. The National Sleep Foundation recently reported on a study which found that people who exercise for as little as 10 minutes per day tend to sleep better and wake up feeling more rested than those who don't exercise at all.

The belief that working out before bedtime is harmful to good sleep wasn't borne out by another study, this one from the University of South Carolina. Researchers found that young males in good physical condition reported no sleep problems after riding stationary bikes for up to three hours before going to bed. Exercise – at any time of the day or night – appears to be vital to getting the rest you need.. ❖

Police Alert

With school ending and the summer beginning, several things are certain...there will be an increase in the number of thefts from vehicles and residential burglaries. To help prevent crime before it can occur, remember to keep windows and doors locked on your cars and homes (especially garage doors), and to remove all personal property from vehicles and yards especially overnight.

These are usually crimes of opportunity and occur late at night and in the early morning hours. Thieves target wallets, purses, cell phones, all Apple products, bicycles, scooters, and anything else they can carry or ride away with quickly.

As always remain vigilant and report suspicious activity to the police immediately via the non-emergency number: 301-279-8000, provide tag numbers and descriptions of suspects and vehicles, if possible. Look out for your neighbor and don't hesitate to call if something doesn't seem right. If you need an immediate police response, call 9-1-1. ❖

Water Safety Tips

As the weather heats up, chances are you will be headed to the beach or pool to cool off this summer.

Whether you're a seasoned swimmer or just learning how to swim, many water-related accidents can be avoided by knowing what to do and how to stay safe. Drowning is the second leading killer of children ages 14 and under and the Montgomery County Fire and Rescue Service urges residents to review these important tips to increase safety around the water:

Learn to swim and never swim alone. One of the best things you can do to stay safe around the water is to learn to swim and to always swim with a buddy. Even experienced swimmers can become tired or get muscle cramps which might make it difficult to get out of the water safely.

Learn life-saving skills. Know how to prevent, recognize and respond to emergencies. Valuable lifesaving seconds are lost by having to wait for Emergency Medical Services to respond and administer CPR. Learning CPR and other life-saving skills and rescue techniques can save lives.

Seconds count when it comes to water emergencies. Keep a phone (cell or cordless) by the pool or nearby when engaged in recreational water activities so that you can call 9-1-1 in an emergency.

Don't rely on swimming lessons, life preservers or other equipment to make a child "water safe." Remember - swimming lessons are no substitute for supervision of children. Formal swimming lessons can help protect young swimmers around the water however constant adult supervision is critical.

Never leave children unsupervised around water (bathtubs, pools, ornamental backyard ponds, etc.). Small children don't think of water as a danger and, by nature, are very curious.

Diving dangers. Diving injuries can cause permanent spinal damage, injuries and even death. Protect yourself by diving only in areas that are known to be safe, such as the deep end of a supervised pool. Always check the water's depth and remember that jumping in feet first can be very risky if you haven't checked the water for rocks or other hidden hazards.

Pay attention to local weather conditions and forecasts. Stop swimming at the first indication of bad weather.

Know Your Limits. Watch for the "dangerous too's" . . . too tired, too cold, too far from safety, too much sun, too much strenuous activity.

Water and alcohol don't mix. Each year, up to half of all adult drownings are linked to alcohol use. ❖